

THE CASE FOR EMOTIONAL HEALTH  
SUPPORT SERVICES AND ROLE OF  
HEALTHCARE FUNDERS OF ZIMBABWE

AHF<sub>o</sub>Z CONFERENCE  
THURSDAY SEPTEMBER 4<sup>TH</sup> 2014  
VICTORIA FALLS, ZIMBABWE

PRESENTED BY  
LEONARD T. MAKONI



...WAYS  
YET  
UNKNOWN



# FROM INSANITY TO LITERACY

Transformation Team (Pvt) Ltd

*"Enabling Others"*





**Low self-esteem?**

**Fatigued?**

**Unbalanced life?**

**Overwhelmed by life?**

**Insecure at work?**

**Dragging feet to work?**

# THE CONTEXT

# WORK-PLACE STRESSORS



DRUG ABUSE

SOCIO-ECONOMIC  
PRESSURE



DOMESTIC

VIOLENCE

GENDER

BASED

VIOLENCE





# One-on-one Confidential sessions

- 30 Lay Counsellors
- 120 hours/Week
- 40 Enquiries/Month
- 415 Clients to date

Christian  
Counselling Centre  
8 Coltman Road,  
Mt. Pleasant

COMPLAINT AT INITIAL VISIT

# OF CASES



# THE BURDEN

CONSULTATION FEES

HOSPITALISATION FEES

DIAGNOSTICS FEES

EMERGENCY ATTENTION

LOW PRODUCTIVITY

MEDICATION COST

# THE HOLE IN THE WALL



OTHER PLAYERS

CONNECT

ZOU

WUA

UNISA

CHILD LINE

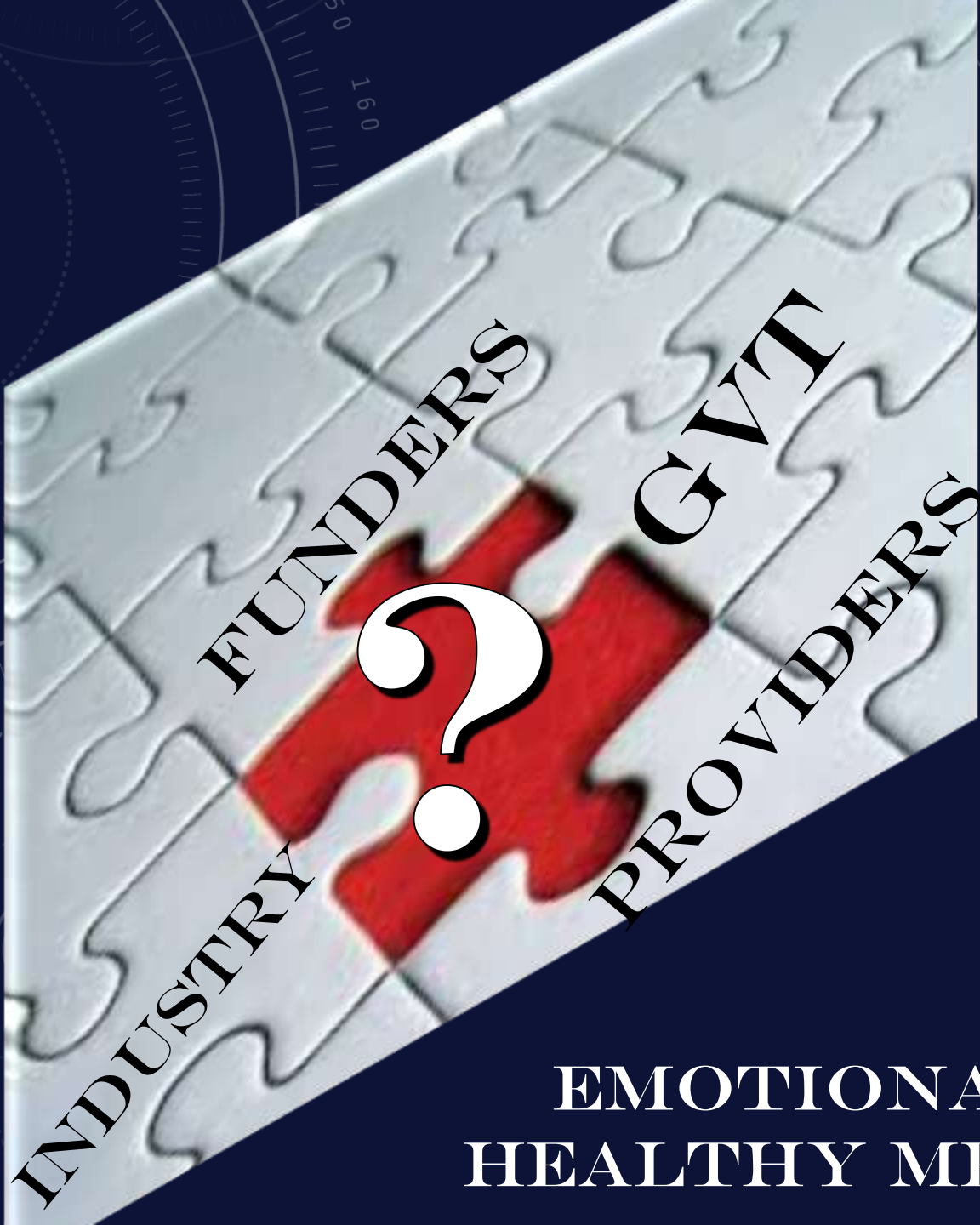
A photograph of a green park bench with a metal frame, set against a background of dry, yellowish-brown grass. The text "THE FRIENDSHIP BENCH" is overlaid in white, serif, all-caps font, centered over the bench.

THE  
FRIENDSHIP  
BENCH

# ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL COUNCILLORS (ZAFTPC)



**RADIO PROGRAMMES  
WORK PLACE STAFF  
WELLNESS PROGRAMME**



**EMOTIONALLY  
HEALTHY MEMBER**

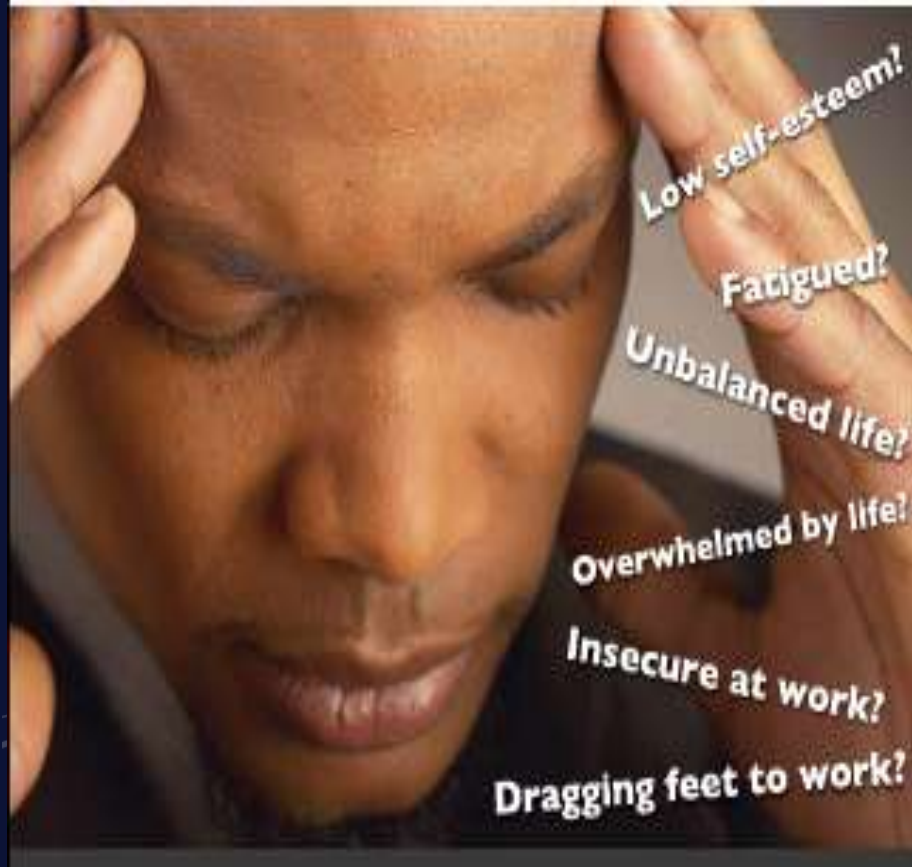
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- STAFF CARE AND DEVELOPMENT
  - SUPPORT AWARENESS
  - FACILITATE RECOGNITION
  - INFLUENCE STANDARDISATION
  - INTERROGATE PROPOSITION

“There is a substantial gap between the burden caused by mental disorders and the resources available to prevent and treat them” Dr. Alwan, Mental Health Atlas 2011

# TRANSFORMATION TEAM

 **Enabling others**

**Your Emotional Health Partner**



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*THANK YOU VERY MUCH*